

2019

# TARGET



# MAGAZINE

# contents

ENRICHMENT  
COURSES

OPEN HOUSE

MOBILE  
DISPLAY

NPDP

ASTC

IUG

UNIT HIKE

UNIT ATC

# Enrichment Course



In March, our Teacher Officers held 2 Enrichment Courses, Cooking and Art and Crafts, for the Unit.

These courses aim to enhance cadets' knowledge of skills outside of NP and encourage bonding within the Unit.



# Diary Entry

BY BATCH 52

Dear Diary,

This year, I participated in Unit Enrichment 2019. Every year, our Teacher Officers dedicate a few hours of their time to teaching us skills beyond regular NPCC activities. Unit Enrichment is an enjoyable way for us to spend time cultivating our personal interests with our seniors and juniors.

Every year, we are given two choices for enrichment activities, namely Cooking and Art and Crafts. During the lessons, my Teacher Officers in charge of that particular enrichment would first start off with an introduction. After that, we would then be brought step by step through the process. Every year during Unit Enrichment, I would have a great time interacting within my squad, teasing each other about our weird-looking designs and crafts.

For Cooking Enrichment this year, we made shepherd's pie. Guided by my teacher officers and seniors, I was able to make the pies smoothly.

Firstly, I started with preparing the ingredients — cutting the vegetables and marinating the meat.

Then I proceeded to stir-fry all the ingredients together.

After the meat and vegetables were cooked, I scooped them into cups and added mashed potatoes on top using forks.

I then placed the pies into the oven to bake.

From cutting onions and getting tears in our eyes, to mixing everything together in a big bowl, to watching it come out of the oven eagerly with greedy eyes, Cooking Enrichment has truly been an interesting and fun course where I got to try my amateur hands at creating a dish which I thoroughly enjoyed. I particularly enjoyed stir-frying the ingredients in the pan though some of us might have burnt it just a tiny bit, so I had to scrub the frying pan when washing it. It might be slightly troublesome and difficult but I cleaned it anyway!

Though the process took a few hours, none of it was spent wasted! Through this course, I got to bond with my seniors and juniors. I also discovered some interesting new hidden culinary talents within our squad!

During the Art and Crafts Enrichment, we got the chance to decorate our own bags from scratch using pieces of tissue with different designs and patterns. It was definitely a unique experience as we got to learn how to turn plain tote bags into something more visually appealing to our personal taste. While waiting for the hairdryers to finish drying the glue on our bags, I also got to spend time with my batchmates and had a really good time interacting with everyone.

I feel that Art and Crafts Enrichment was really useful as it uses two of the three Rs, Reuse and Recycle. Hence, in future, instead of throwing my old and outdated bags away, I would simply be able to redesign them using old T-shirts and cutoffs that no longer fit. Thus, I would be killing two birds with one stone!

Overall, Unit Enrichment has definitely been a really useful and enjoyable experience for me. I definitely felt a sense of accomplishment and achievement after seeing how well our pies and bags turned out!

Until next time,  
Batch 52

# Open House

During this year's Open House, our Unit set up a booth to showcase NP life to the public. The Secondary 2 and 3 cadets also put up a rifle performance to the song 'Hold On'. It was put up to attract the primary school students' attention to possibly become future Nanyang students and even future NP cadets!



# REFLECTIONS

By Batch 51

Open House was our squad's first attempt at planning and executing an entire event, with guidance from our Secondary 4 seniors. While it might not have been the most smooth-sailing experience, it was certainly one that taught us a lot and made us grow as seniors and leaders.

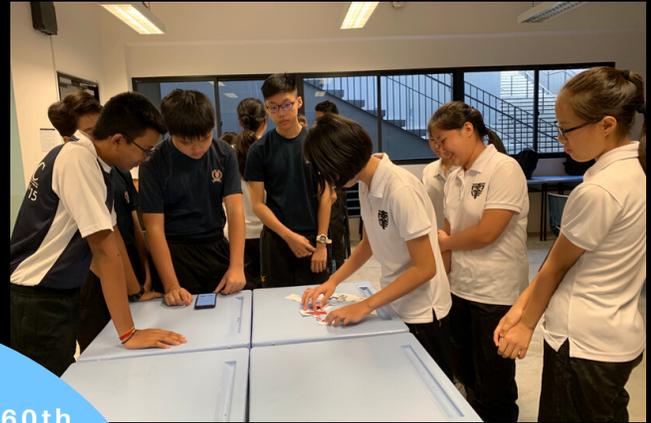
For Open House, our Unit put up a rifle performance choreographed by our own squad. The performance, set to 'Hold On' by Extreme Music, was also used for CCA Fair earlier in the year. Other than that, our Unit also set up a booth in the Indoor Sports Hall, which showcased our CCA activities and served to attract primary school students to apply for our school and our CCA.

We had done up a proposal for the event, and tried to mitigate potential problems before they surfaced. However, there were still some unexpected situations that cropped up. Eventually, we managed to resolve them, gaining experience and knowledge in the process.

One of the most important things we have learnt is the importance of every single member's role. Though we are a relatively large squad, we should not take our numbers for granted. In fact, our large squad size even hindered our communication at times when we had to make important changes on the day itself. We realised that having a large squad is an advantage, but only if manpower is effectively utilised. Otherwise, it is as good as useless.

The process of planning for Open House has taught us well, and motivated us to become better leaders in our Unit. NYNPCC Batch 51, 加加油!

# Mobile Display



This year marks the 60th anniversary of the founding of NPCC. To showcase the history of the Corps to new cadets and other students in school, a mobile display and game booths were set up by Area 15 cadets in our school.



Dear Diary,

Oh no, I was going to be late for the 60th Anniversary Mobile Display! Whatever I was doing last night? I regretted it as I sprinted past the walls of National Junior College towards the school gate. Luckily, I was a tad paranoid about the timing, and ended up being on time, much to my overwhelming relief. There were other schools there in the canteen already, I noted. Students from Hwa Chong Institution, Raffles Girls' School, and Queensway Secondary School were seated according to their schools on nearby benches. The colourful PE shirts and soft chatting added a welcome ambiance to the quiet school. Fortunately, I didn't have time to worry before we were ushered to the Special Rooms 1-8 in the new school building.

In the special rooms, we quickly took our seats behind our ma'ams. Speaking of ma'ams, I noticed a police officer speaking with Mdm Yeo. That must be Theresa ma'am, our former Honorary Officer. I distantly recalled reading through the email about the Mobile Display and learning that she was invited to share about her experience in the Singapore Police Force. Honestly, I did not expect the presentation to be so interesting! Listening attentively to Theresa ma'am's sharing, I soaked up new information like a dehydrated sponge. Apparently the SPF also had a lot of women working there! I had always assumed that the police force comprised mostly of men, since they were physically stronger than women. I mentally scrambled to get rid of that biased idea.

Theresa ma'am's sharing struck a chord with me, and my respect for the many men and women serving in SPF increased tenfold. Then came the funnest part, the Scavenger Hunt! We were given two words to form using pictures: "Cadet" and "Marching". No people were allowed in the pictures we took.

Being witty, my squadmates and I completed the first word "cadet" within 30 seconds. Chair for "c", air-con for "a", door for "d", exit sign for "e" and table for "t". Amazing right? Marching was a little harder but we still managed it. Marker for "m", someone's ankle for "a", a red water bottle for "r", the clock for "c", hair for "h", iPhone for "i", nails for "n", and glasses for "g". As you might be able to see, we found a loophole in the rule against having people in the pictures, and used body parts instead. Would they forbid the usage of body parts in the next mobile display? Hmm...

Anyway, afterwards, we played Kahoot! I am proud to say that I guessed 3 out of 15 questions correctly! I myself think it's quite an accomplishment. We also went and played a quiz on Total Defence by Queensway Secondary School and won quite a few packets of gummies (Yumi!! Pun intended).

My batch mates and I then headed downstairs to the central atrium to view the displays on NPCC history. Oh, how we ran around like headless chickens, scrambling to find the answers for the short quiz! Although we got the main point of the questions, we were still marked wrong due to inaccurate paraphrasing. It was such a waste. The infographic boards provided us with many previously unknown, interesting facts and tidbits about NPCC! For example, did you know that until 1972, NPCC cadets had whistles? Well, I certainly did not! In fact, the NPCC uniform had a revamp in 1972, with removal of the old epaulets, police whistles and webbed belts for male cadets.

After experiencing all the activities, I really enjoyed myself during the Mobile Display. It was a fun and educational experience, which provided me with previously unknown knowledge of NPCC as a whole. Given the chance, I would do it again in a heartbeat. Once again, I enjoyed myself today and can safely say that I lived today with no regrets. Well, except that I wished we had reached the escape room booth before our ma'ams!

Luckily, I wasn't late.

Love,  
Batch 53

**Diary**

**Entry**  
By Batch 53

# NPDP



On the 30th of May, our Unit put up our annual National Police Day Parade to commemorate NPCC day as well as showcase our Unit's achievements to the school.



# GUIDE

By Batch 52

## GUIDE TO NPDP

### BY BATCH 52

The National Police Day Parade (NPDP) is held once every year. In our unit, there is a GOH contingent, two SCs, two flag bearers, one commander and two flag raisers for this parade.

Each NPDP is special to every single one of our cadets. This is because with each new parade, we take on new positions and gain useful experience. For example, Secondary Two cadets have a chance to be in the GOH contingent, while Secondary One cadets will be in SC.

As such, we have compiled a guide to NPDP.

#### Trainings

Always give your best as if you are marching in the actual parade.

We want our school to see the best version of the parade, be it on the actual day, or during brief glances at our training, so always work hard and give your all!

When corrections are made, be conscientious and mentally check through all the requirements of the drills.

Do take note of the sharpness and accuracy of your drills, and the loudness of your timing.

Make good use of your water breaks. You can always clarify what you are unsure of during these breaks, as well as practice the drills you need improvement on.

Have a sense of urgency at all times. Ensure that you do not take your 'own sweet time'. When travelling from place to place, brisk-walk instead of stroll. The same applies for getting into positions.

#### Pre-Parade

##### Uniform

Ensure that you have pinned on all of your badges and have the correct uniform parts ready. A checklist will definitely help. Don't let your hard work go to waste simply because you forgot your unit formation sign or did not polish your boots! Do ask your ma'ams/sirs if you require any uniform parts in advance so that they will not have to rush about even more before the actual parade.

#### Punctuality

Be certain of the reporting time so that you will not be late. Be five minutes early so that you have time to prepare if anything happens. Make sure to inform your squad mates if you are going to be late.

#### Parade markings/positions

You should be aware of where to stand, march in and march out.

You can try using a stationary object or line as a reference to stay centralised, so as to not mess up the formations.

#### Be positive and confident.

Stop thinking of what might go wrong. Stay calm and do not let your nerves get the better of you.

A unit cheer before the parade will be great!

#### The Parade

##### Stay alert and aware.

Know what to do when commands are given. Execute the drills sharply and swiftly. Take note of the alignment and dressing. Follow the timer for better coordination.

##### Do not anticipate the command.

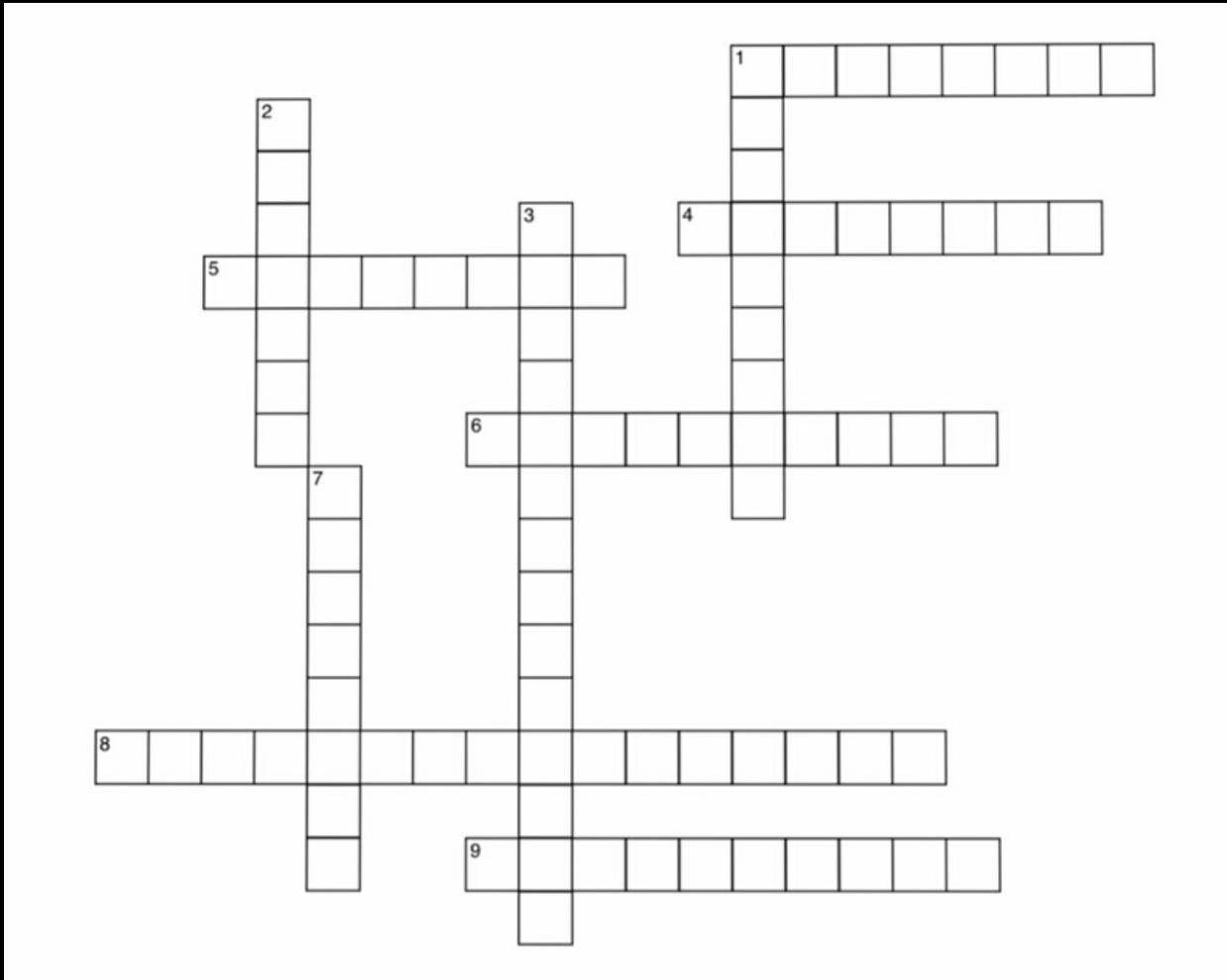
The commander may make a mistake, so always stay alert and follow the commands.

If you make a mistake, just continue and maintain a neutral facial expression so that the audience will not know that anything went wrong.

That's all! We hope our guide will be helpful to you!

— THE END —

# ASTC Crossword



## ACROSS

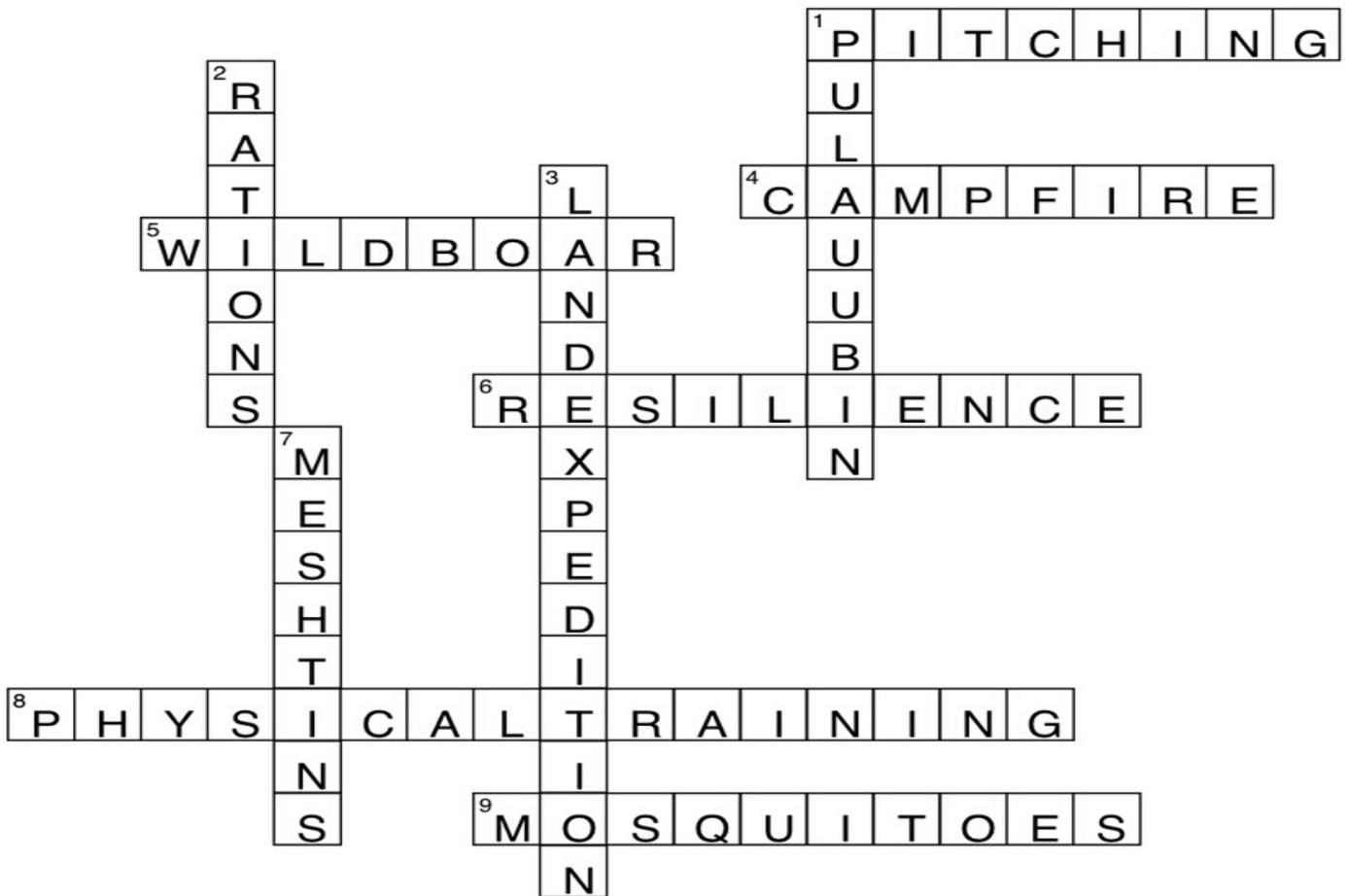
- 1 An activity used to build tents
- 4 Filled with lots of cheers and performances
- 5 A common native animal
- 6 Name of the NPCC Campsite
- 8 Helps to build stamina
- 9 A common and annoying insect

## DOWN

- 1 Where the camps are held
- 2 Source of food
- 3 An activity with lots of walking
- 7 Used to cook instant noodles or other food

# Answers

## ASTC Crossword



# IUG

On 24 June, our Unit held our annual Inter-Unit Games, Viral, with the theme of cyber security. This event not only encouraged sportsmanship amongst the participating teams but also served as an opportunity for schools form a stronger bond.



# Unit Hike



On 31 August, we held our Unit hike at the Botanic Gardens. Through this activity, cadets were able to take a short break from school by enjoying nature and bonding with the Unit.

Cadets also had the opportunity to practice their Campcraft skills through the pioneering activities.



# Poem

By Batch 51

In the scorching burning weather,  
a Unit starts a journey together  
different footsteps all in tandem  
walking into the Botanic Gardens.  
In our white school shoes,  
the rocks hurting our heels,  
we travelled up the little hills,  
with an unspoken understanding to persevere.  
Our voices lifted the humid air,  
mingling with the chirping of birds.  
Up, down, and around we went,  
wondering if the end was near.  
Sweat trickling down our foreheads,  
a slight tremble in our legs,  
as the gravel crunched under our single file.  
Against a backdrop of sleepy trees,  
gadgets were built with gusto and glee.  
Limits did stress  
the importance of time,  
and the lessons learnt  
did improve each attempt.  
Thereafter the games began,  
muscles taut and balance en masse,  
poses striked: funny or cool,  
we didn't quite want to bid adieu.

Towards the end of our expedition,  
we finally reached our destination.  
Food of all kinds,  
brought by different batches,  
laid out on the mats,  
serving as our lunches.  
At 12 in the afternoon,  
despite the heat's gloom,  
a moving tapestry of blue, white,  
black and yellow  
chattered in the vibrant green  
meadow.  
The atmosphere was merry,  
but it wasn't wild.  
Everyone still helped out,  
passing the drinks around.  
And if there was a mess,  
we cleaned it to our best.  
In the scorching burning weather,  
a Unit hiked together  
through the UNESCO Heritage Site  
in the gardens filled with laughter and  
light.

# Unit ATC



Our Unit's Annual Training Camp was held from 2-3 November. Through the activities, cadets were able to build discipline, stamina and resilience amongst many other values. The camp's highlight was the campfire, with the mesmerising performances and lively cheers that helped to build a fun atmosphere!



# ATC Activities

## Campcraft

Cadets started off ATC by marking their territories with their company flag.

STEP  
01



## Campfire

To mark the last night of the camp, we had a campfire, showcasing splendid performances

STEP  
02

## Games

Cadets enjoyed two team-building games - Team Challenge and Chicken Feed

STEP  
03



STEP  
04

## Physical Training

The second day started with stamina building

## CDC

Before the camp ended, cadets went through CDC to test their first aid skills!

STEP  
05

# *CREDITS*



*PUBLICATIONS DEPARTMENT &  
THE UNIT FOR THEIR REFLECTIONS*